



S.CARE
TRAINING Ltd

Training Courses 2017/18

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Manual Handling and People Moving

Course Outline

Who Should Attend

This 1day course is aimed at people who may undertake manual handling and people moving operations in the work place

Aims

This course aims to provide workers with an understanding of correct manual handling techniques and how manual handling can cause injury

Learning Objectives

By the end of this training event delegates will be able to:

- Describe manual handling and people moving roles and responsibilities
- Understand manual handling legislation
- Carry out a manual handling/people moving risk assessment
- Understand the principles of safe moving and handling
- Use correct lifting techniques for injury prevention
- Use hoists and slings correctly

Course Method

Theoretical and practical applications followed by assessment

Benefits

Successful candidates will be awarded a certificate in manual handling and people moving.

First Aid Appointed Person

Course Outline

Who Should Attend

This half day course is designed for employees who are required to take charge of an emergency situation should the need arise.

Aims

To give the candidate a basic introduction to first aid, covering a range of first aid principles to follow when a more qualified first aider is not available

Learning Objectives

Following training the delegates will be able to:

- Describe the aims and principles of first aid
- Describe What to do in an emergency
- Understand the roles and responsibilities of an Appointed Person
- Recognise emergency illnesses
- Describe and apply effective infection control principles
- Carry out cardio-pulmonary resuscitation (CPR)
- Complete a first aid risk assessment
- Maintain a First Aid record book to comply with HSE requirements
- Correctly complete an accident/incident report form
- Understand and complete a RIDDOR form
- Maintain a first aid box that is fit for purpose

Course Method

Power point presentations and practical demonstrations. This course involves practical and theoretical assessments

Benefits

Successful candidates will be issued with certificate of achievement which allows the candidate to act as an emergency first response first aider

Emergency First Aid at Work

Course Outline

Who Should Attend

This 1day course is designed for employees who are required to take charge of an emergency situation should the need arise.

Aims

To give the candidate a basic introduction to first aid, covering a range of first aid principles to follow when a more qualified first aider is not available

Learning Objectives

Following training the delegates will be able to:

- Describe the aims and principles of first aid
- Describe the contents of a first aid box and accident book
- Describe What to do in an emergency
- Understand and demonstrate a primary and secondary survey
- Correctly place an unconscious patient in the recovery position
- Describe and demonstrate care of a choking casualty
- Describe and demonstrate cardio-pulmonary resuscitation (CPR)
- Demonstrate the treatment of bleeding and shock
- Describe the treatment of burns, scalds and minor injuries.
- Describe and demonstrate the correct use of a wound dressings
- Correctly apply a support sling to a patient
- Recognise and treat seizures

Course Method

Power point presentations and practical demonstrations. This course involves practical and theoretical assessments

Benefits

Successful candidates will be issued with certificate of achievement which allows the candidate to act as an emergency first response first aider

First Aid at Work

Course Outline

Who Should Attend

This 3 day course is designed for employees who are required to take charge of an emergency situation should the need arise.

Aims

To give the candidate confidence to deal with first aid emergencies, covering a range of first aid principles to follow until emergency medical services arrive.

Learning Objectives

Following training the delegates will be able to:

- Describe the aims and principles of first aid
- Describe the contents of a first aid box and accident book
- Describe What to do in an emergency
- Understand the chain of survival
- Carry out a primary and secondary survey
- Correctly put an unconscious patient into the recovery position
- Recognise and deal with life threatening emergencies including and not limited to: diabetes; eye injuries; heart attack; angina; poisoning; asthma; bleeding; shock; fractures; anaphylaxis; choking
- Demonstrate effective cardio-pulmonary resuscitation (CPR)
- Describe and demonstrate correct use of dressings and slings

Course Method

Power point presentations and practical demonstrations. This course involves practical and theoretical assessments

Benefits

Successful candidates will be issued with First Aid certificate valid for three years.

Paediatric Emergency First Aid

Course Outline

Who Should Attend

This 1day course is designed for employees who are required to take charge of an emergency medical situation should the need arise.

Aims

To give the candidate an introduction to paediatric first aid, covering a range of first aid principles to follow when a more qualified first aider is not available

Learning Objectives

Following training the delegates will be able to:

- Describe the aims and principles of first aid
- The role of the Paediatric first aider
- Dealing with emergencies
- Management of an unconscious child or infant
- Management of a casualty who is not breathing normally
- Management of a casualty who is choking
- Management of a casualty who is in shock
- Management of a casualty who has a bleeding wound
- Dealing with burns and scalds
- Dealing with poisoning
- Dealing with bites and stings
- Dealing with a seizure
- Describe and demonstrate correct use of dressings
- Describe the contents of a first aid box

Course Method

Power point presentations and practical demonstrations. This course involves practical and theoretical assessments

Benefits

Successful candidates will be issued with certificate of achievement which allows the candidate to act as a first aider for children and infants.

Paediatric First Aid

Course Outline

Who Should Attend

This 2 day course is designed for people who might be required to take charge of an emergency situation should the need arise.

Aims

To give the candidate confidence, knowledge and skills covering a range of first aid principles to follow.

Learning Objectives

Following training the delegates will be able to:

- Describe the aims and principles of first aid
- The role of the Paediatric first aider
- Dealing with emergencies
- Management of an unconscious casualty
- Management of a casualty who is not breathing normally
- Management of a casualty who is choking
- Management of a casualty who is in shock
- Management of a casualty who has a bleeding wound
- Dealing with chronic medical condition and sudden illness
- Dealing with the effects of extreme heat and cold
- Management of casualty with suspected fracture and dislocation
- Management of casualty with head, neck or spinal injury
- Dealing with conditions affecting the eyes, ears and nose
- Dealing with electric shock
- Dealing with burns and scalds
- Dealing with poisoning
- Dealing with bites and stings

Course Method

Power point presentations and practical demonstrations. This course involves practical and theoretical assessments

Benefits

Successful candidates will be issued with certificate of achievement which allows the candidate to act as a first aider to children and infants.

Automated External Defibrillator

Course Outline

Who Should Attend

This half day course is designed for anyone who would like to learn how to use equipment for a cardiac arrest and take charge of an emergency situation should the need arise.

Aims

To give the candidate knowledge and confidence to use a defibrillator on a basic introduction to first aid, correctly when a more qualified first aider is not available

Learning Objectives

Following training the delegates will be able to:

- Describe the aims and principles of first aid
- Describe What to do in an emergency
- Understand the functions of the heart
- Recognise agonal gaps
- Understand shockable and non-shockable heart rhythms
- Use an automated external defibrillator correctly
- Carry out cardio-pulmonary resuscitation (CPR)
- Recognise a 'do not attempt resuscitation

Course Method

Power point presentations and practical demonstrations. This course involves practical and theoretical assessments

Benefits

Successful candidates will be issued with certificate of achievement which allows the candidate to act as an emergency first response first aider

Basic Life Support

Course Outline

Who Should Attend

This half day course is designed for health care staff required to take charge of an emergency situation should the need arise.

Aims

To give the candidate the knowledge, skills and confidence to deal with life threatening medical emergencies using a range of first aid principles.

Learning Objectives

Following training the delegates will be able to:

- Describe the aims and principles of first aid
- Describe What to do in an emergency
- Understand and demonstrate a primary and secondary survey
- Correctly place an unconscious patient in the recovery position
- Describe and demonstrate care of a choking casualty
- Describe and demonstrate cardio-pulmonary resuscitation (CPR)
- Use airway adjuncts
- Use supplementary oxygen
- Correct use of a bag-valve, venturi and nasal oxygen masks
- Use an automated external defibrillator

Course Method

Power point presentations and practical demonstrations. This course involves practical and theoretical assessments

Benefits

Successful candidates will be issued with certificate of achievement which allows the candidate to act as an emergency first response first aider

Risk Assessment

Course Outline

Who Should Attend

This half day course is designed for individuals who require to undertake formal risk assessments within the work place

Aims

To introduce candidates to the skills required to assess a range of risks within their workplace

Learning Objectives

At the end of the training the delegate will be able to:

- Understand the purpose of legislation
- Define a hazard and a risk
- Describe the purpose of a risk assessment
- Complete a dynamic risk assessment
- Evaluate results and select further control measures

Course Method

Theoretical element delivered using a power point presentation. Participants will be assessed on a practical exercise.

Benefits

Candidates will have better understanding on the concept of managing and implementing risk assessment to ensure and maintain a safer work place

A certificate of achievement will be awarded to successful candidates

Administration of Medication

Course Outline

Who Should Attend

This half day course is aimed at people who may undertake dispensing and administration of medication and patient care plans.

Aims

This course aims to provide workers with an understanding of responsibilities and protocols when handling and administering medication

Learning Objectives

By the end of this training event delegates will be able to:

- Define and complete medication administration records
- Understand the importance medication labelling dosage and frequency
- Recognise and taking action against adverse reactions
- Understand medication reviews and updating care plans
- Understand the purpose and impact of drugs and medication

Course Method

Theoretical and practical applications followed by assessment

Benefits

Successful candidates will be awarded a certificate in administration of medication.

Protection of Vulnerable Adults

Course Outline

Who Should Attend

This half day course is aimed at all people particularly health care workers

Aims

This course aims to provide workers with an understanding of adult abuse and types of injury caused.

Learning Objectives

By the end of this training event delegates will be able to:

- Identify vulnerable adults
- Explain different types of abuse
- Recognise possible indicators of abuse
- Understand responsibilities when dealing with abuse
- Take action to inform appropriate authorities
- Create a safe environment

Course Method

Theoretical and practical applications with group discussion

Benefits

Successful candidates will be awarded a certificate protecting vulnerable adults.

Mentoring

Course Outline

Who Should Attend

This 1 day course is intended for personnel who would like to become a mentor.

Aims

Helping others to develop can be very rewarding. This course explains mentoring, what to do, how to do it and how to communicate with a mentee.

Learning Objectives

By the end of this training event delegates will be able to:

- Understand the role and responsibility of being a mentor
- Learn how to phrase open questions
- Engage and build a rapport with the mentee
- Identify learning barriers
- Set SMART objectives
- Agree an action plan

Course Method

This highly participative course will follow a sequence of communication activities designed to develop mentoring skills

Benefits

To help personnel develop their career potential

Conflict Resolution

Course Outline

Who Should Attend

This 1 day course is intended for supervisors and managers who would like to improve their conflict resolution skills

Aims

This aim of this course is to examine motivational values systems and how to promote positive relationships. This course will provide an understanding of how conflict occurs, why it happens and then address issues quickly. The course is designed to allow delegates to interpret the Strength Deployment Inventory and use the knowledge to deal with conflict.

Learning Objectives

By the end of this training event delegates will be able to:

- Understand the basic psychology of communication
- Interpret the Strength Deployment Inventory
- Understand value related behavior
- Recognise warranted and non warranted conflict resolution
- Understand the use of key words to promote positive behavior
- Use these skills to build effective relationships

Course Method

This highly participative course with activities designed to develop a greater understanding of conflict and resolution

Benefits

To help personnel understand how conflict occurs and how to avoid conflict escalation

Customer Service

Course Outline

Who Should Attend

This 1 day introductory course is suitable managers and non managers.

Aims

The course focuses on developing excellent customer service skills. The course is designed to help delegates to understand internal and external customer service and respond to customers in a calm and effective manner. To be able to help achieve a win-win outcome and to maintain composure when dealing with very difficult customers.

Learning Objectives

By the end of this training event delegates will be able to:

- Understand the concept of body language
- Identify how to interpret communication modalities from a conversation
- Understand techniques for dealing with aggressive customers
- Recognise the stages of conflict resolution
- Identify a range of styles that promote good customer service

Course Method

This highly participative course will follow a sequence of customer service activities designed to demonstrate and generate understanding of good practice

Benefits

To help the business maintain a high standard of service with all customers both internal and external.

Team Working

Course Outline

Who Should Attend

This 1 day course is intended for personnel who would like to improve team working.

Aims

This course considers contemporary good practice in team working and developing partnerships, identifies individuals' own styles for working with others and enables participants to make informed decisions about how they may further enhance the effectiveness of their team working activities.

Learning Objectives

By the end of this training event delegates will be able to:

- Explain the range of requirements for effective team working
- Identify how a range of particular individual strengths may be harnessed to the benefit of the team
- Benchmark the effectiveness of your own work team against models of good practice
- Evaluate the impact of different styles of leadership on team productivity
- Identify your preferred Belbin team role and explain how it contributes to the team
- Identify a range of preferred styles of relating to others and how these will have impact on styles of team working
- Identify your wider partners and ways of improving working relationships
- Recognise and demonstrate behaviours that support effective team working

Course Method

This highly participative course will follow a sequence of communication activities designed to develop team working skills

Benefits

To help managers and team leaders develop high performance teams

Effective Communication

Course Outline

Who Should Attend

This 1 day course is intended for personnel who would like to improve their communication skills.

Aims

To develop awareness of the essential interpersonal skills needed to improve performance and communication in the workplace.

Learning Objectives

By the end of this training event delegates will be able to:

- Communicate effectively with colleagues
- Apply effective communication strategies and techniques
- Understand the barriers to effective communication
- Be more aware of how your own communication style is perceived
- Devise and complete an action plan by developing ideas and strategies for improvement

Course Method

This highly participative course will follow a sequence of communication activities designed to develop a greater understanding of interaction between people

Benefits

To help personnel develop excellent communication skills and developing a positive rapport with others

Leadership

Course Outline

Who Should Attend

This programme will vary in length depending on the learners needs from 1 to 3 days. This programme is relevant for all leaders and potential leaders

Aims

The aim of this programme is to help delegates define leadership in their environment. To understand what leadership is and how it differs from management. To understand the practical application of leadership and the behaviours of positive leadership.

Learning Objectives

By the end of this programme delegates will be able to:

- Define leadership for their environment
- Identify the behaviours and personal qualities of leadership
- Determine when leadership is required
- Appreciate the different styles of leadership
- How to use leadership to best effect and achieve results
- Communicate leadership to others

Course Method

The programme involves the use of case studies, , group discussions, compiling a self reflection journal personal and coaching

Benefits

Delegates will be able to make an effective contribution by achieving results and add to the professionalism of company

Managing Others

Course outline

Who Should Attend

This 2 day course is designed for all newly appointed managers and staff about to become a manager

Aims

To understand what is expected of a manager. To define what management means and how it differs from leadership. To understand the practical application of management and the behaviours that promotes positive management. To learn the tools used by effective managers.

Learning Objectives

By the end of this course delegates will be able to:

- Define management
- Understand the role and responsibility of a manager
- To identify the behaviours and personal qualities of management
- To understand when management is required
- To understand the different styles of management
- How to use management to best effect
- Complete a management development plan

Course Method

This course is workbook based and involves the use of case studies, group discussion, analysis of management best practice and introduction to the 'toolbox' of highly effective managers

Benefits

The help managers grow confidence in their abilities and to make a positive difference to achieving business results

Presentation Skills

Course Outline

Who Should Attend

This 1 or 2 day course is for anyone who is required or might be required to give a presentation to other people

Aims

This course is designed to build confidence when standing in front of an audience. To deliver presentations in a professional manner that engages the audience and gives them a memorable occasion.

Learning Objectives

By the end of this training event delegates will be able to:

- Plan and prepare formal presentations
- Engage your audience
- Select and use appropriate visual aids
- Handle questions effectively
- Deliver effective, memorable presentations
- Experience enjoyment & satisfaction from presenting

Course Method

This highly participative course will follow a sequence of presentation activities designed to develop effective presentation skills

Benefits

The benefit of this course is to help listeners engage with the presentation and leave with a better understanding of the presentation and with knowledge of what to do

Coaching

Course Outline

Who Should Attend

This 1 day course is for all managers, supervisors and team leaders

Aims

The aim of this course is for managers, supervisors and team leaders to recognise when coaching is required and be able to make a difference. To help others develop skills, performance, aptitude and ability. Coaching helps others to towards achieving their full potential and about success in their role.

Learning Objectives

By the end of this course delegates will be able to:

- Understand the role and responsibility of being a coach
- Learn how to phrase open questions and facilitate a discussion
- Engage and build a rapport with individuals
- Identify learning barriers and then promote positive learning
- Set SMART objectives
- Agree a development plan

Course Method

This highly participative course will follow a sequence of communication activities designed to develop coaching skills

Benefits

To help personnel to settle in their job and to become confident in knowing what to do and how to do it.

Time Management

Course Outline

Who Should Attend

This 1 day course is for all personnel who would like to improve their time management skills

Aims

This course will provide techniques for developing effective time management skills. The course will help delegates to determine importance and urgency priorities and to develop ways of managing business time effectiveness.

Learning Objectives

By the end of this training event delegates will be able to:

- Evaluate how time is presently used
- Identify time robbers
- Acquire time management planning and prioritising skills
- Be aware of time management techniques
- Set SMART time management objectives
- Use an effective action plan

Course Method

This highly participative course will follow a sequence of time management activities designed to develop effective time management techniques.

Benefits

This course will help individuals become more efficient and effective with their use of time

Interviewing Skills

Course Outline

Who Should Attend

This 1 day course is for all personnel who are required to be involved with the recruitment and selection process

Aims

This course is designed to give delegates an understanding of the legislative framework i.e. an understanding of the discrimination act, victimisation and harassment act. To be able to use open questions during interviews against the essential and desirable criteria identified for the appointment. To act in a professional and confident manner that eliminates the risk of unwanted action being taken by the interviewee.

Learning Objectives

By the end of this training event delegates will be able to:

- Work with the interview panel to determine how the interview will be conducted
- Use best practice of recruitment and selection as recommended by the Chartered Institute for Personal Development
- Understand the full process of effective recruitment and selection
- Plan and prepare formal interviews
- Engage with the selection panel and candidates
- Use appropriate questioning techniques to determine the best candidate

Course Method

This highly participative course will follow a sequence of role play activities designed to develop effective interviewing skills

Benefits

To help the managers to get the right person for the job

Health and Safety

Course Outline

Who Should Attend

This 1/2 day course is for Anyone in a work environment.

Aims

This course is designed to give delegates an understanding of Health and Safety and the Importance of following policies and procedures..

Learning Objectives

By the end of this training event delegates will be able to:

- Understanding the principles of health and safety and accident prevention
- Ability to contribute to any health and safety management system
- Understand the importance of risk assessment as a technique for accident and ill health prevention
- Understand the responsibilities placed on employers and employees
- Understand the hazard, risk and main causes of harm to workers (manual handling, hazardous substances, exposure to noise and vibration)
- Understand the importance of following systems, procedures and rules
- Understand how individual action can reduce risks to health and safety
- Appreciate how workplace equipment and task design affect health and safety

Course Method

Theoretical element delivered using a power point presentation. Participants will be assessed on a practical exercise.

Benefits

Successful candidates will be awarded a certificate of attendance

Control of Substances Hazardous to Health (COSHH)

Course Outline

Who Should Attend

This 1/2 day course is for Anyone in a work environment.

Aims

This qualification is aimed at those learners who work in an environment where coming into contact with Hazardous substances are likely. This includes workplaces in areas such as manufacturing, cleaning, healthcare, transport, utilities and office environments.

Learning Objectives

It gives learners the knowledge and skills to recognise the risks associated with hazardous substances and how To control them.

Course Method

Theoretical element delivered using a power point presentation. Participants will be assessed on a practical exercise and Questionnaire

Benefits

Successful candidates will be awarded a certificate of attendance

Basic Fire Awareness

Course Outline

Who Should Attend

This 1/2 day course is for Anyone in a work environment.

Aims

The Level 1 Award in Fire Safety Awareness is a qualification aimed at all staff, particularly new starters in any workplace, where a basic understanding of fire safety is required..

Learning Objectives

Learners gaining this qualification will know that fire safety is the responsibility of everyone in the workplace with recognition of the contribution they may have to prevent the starting and spread of fires.

Course Method

Theoretical element delivered using a power point presentation. Participants will be assessed on a practical exercise and Questionnaire

Benefits

Successful candidates will be awarded a certificate of attendance

Fire Awareness and Evaluation

Course Outline

Who Should Attend

This 1/2 day course is for Anyone in a work environment.

Aims

The Level 2 Award in Fire Safety Awareness is a qualification aimed at all staff, particularly new starters in any workplace, where a basic understanding of fire safety is required..

Learning Objectives

Learners gaining this qualification will know that fire safety is the responsibility of everyone in the workplace with recognition of the contribution they may have to prevent the starting and spread of fires.

- Legislation
- Fire Triangle/Pyramid
- Fire Prevention
- Fire Risk Assessing (Practical)
- Compartmentation
- Human Factors
- Horizontal and Vertical Evacuation

Course Method

Theoretical element delivered using a power point presentation. Participants will be assessed on a practical exercise and Questionnaire

Benefits

Successful candidates will be awarded a certificate of attendance

Fire Awareness and Evaluation

+ Rescue Doll / Smoke Generator

Course Outline

Who Should Attend

This 1/2 day course is for Anyone in a work environment.

Aims

This Fire Safety Awareness is a qualification aimed at all staff, particularly new starters in any workplace, where a basic understanding of fire safety is required..

Learning Objectives

Learners gaining this qualification will know that fire safety is the responsibility of everyone in the workplace with recognition of the contribution they may have to prevent the starting and spread of fires .Also covers simulated evacuation using a rescue doll

- Legislation
- Fire Triangle/Pyramid
- Fire Prevention
- Fire Risk Assessing (Practical)
- Compartmentation
- Human Factors
- Horizontal and Vertical Evacuation
- Simulated Rescue with Ruth Lee Fire Doll
- Smoke Filled room with Fog Generator (If Required)

Course Method

Theoretical element delivered using a power point presentation. Participants will be assessed on a practical exercise and Questionnaire

Benefits

Successful candidates will be awarded a certificate of attendance

Food Level 1

Course Outline

Who Should Attend

This 1/2 day course is for Anyone in a work environment handling food.

Aims

This qualification focuses on the importance of food safety in the catering and hospitality sectors and provides food handlers with the knowledge of how they can contribute to product safety. Before starting work for the first time, food handlers need to be aware of the hazards and controls associated with food in catering operations.

Learning Objectives

- LEGISLATION
- FOOD CONTAMINATION
- PERSONAL HYGIENE
- ASSISTED FEEDING
- BACTERIAL GROWTH
- FOOD POISONING & THE ENVIRONMENTAL HEALTH OFFICER
- PURCHASE TO STORAGE
- CLEANING
- PEST CONTROL

Course Method

Theoretical element delivered using a power point presentation. Participants will be assessed on a practical exercise and Questionnaire

Benefits

Successful candidates will be awarded a certificate of attendance

Food Level 2

Course Outline

Who Should Attend

This 1 day course is for Anyone in a work environment handling food.

Aims

It is essential for food safety that all food handlers are aware of the hazards and controls associated with the types of food they produce. Every year, many people are made ill and some even die as a result of eating contaminated food. Food businesses have a legal and moral obligation to ensure they are not contributing to these statistics.

Learning Objectives

- LEGISLATION
- FOOD CONTAMINATION
- PERSONAL HYGIENE
- ASSISTED FEEDING
- BACTERIAL GROWTH
- FOOD POISONING & THE ENVIRONMENTAL HEALTH OFFICER
- PURCHASE TO STORAGE
- CLEANING
- PEST CONTROL

Course Method

Theoretical element delivered using a power point presentation. Participants will be assessed on a practical exercise and Questionnaire

Benefits

Successful candidates will be awarded a certificate of attendance

Infection Control

Course Outline

Who Should Attend

This half day course in Infection Control is aimed at anyone needing to develop the underpinning knowledge of how to control the spread of infection in their workplace or home environment.

Aims

To introduce candidates to the skills required to assess a range of risks within their workplace

Learning Objectives

At the end of the training the delegate will be able to:

- 1. Know common diseases and the chain of infection
- 2. Understand standard infection control procedures
- 3. Know how to apply standard infection control procedures
- 4. Know the correct management of spills
- 5. Know how to manage waste correctly
- 6. Understand roles and responsibilities in preventing infection

Course Method

Power point presentations and practical demonstrations. This course involves practical and theoretical assessments

Benefits

Successful candidates will be issued with certificate of attendance.

Behaviour that Challenges

Course Outline

Who Should Attend

This is a ½ day training programme aimed at care workers faced with a variety of behaviours in residential and domiciliary care.

Aims

Ensuring that our workforce has the right skills, knowledge and experience to work alongside people who may challenge is an important part of any model of care and support.

Learning Objectives

At the end of the training the delegate will be able to:

- What is Behaviour that challenges
- What does it look like?/How might we react
- Rights, Capacity and Behaviour that challenges
- Triggers and Flashpoints
- Proactive management and the Lalemand scale
- Who should be involved
- Malignant social psychology (and positive approaches)

Course Method

Power point presentations and practical demonstrations. This course involves practical and theoretical assessments

Benefits

Successful candidates will be issued with certificate of attendance.

Dementia awareness

Course Outline

Who Should Attend

This is a ½ day training module and aimed at Care workers within a Care setting requiring awareness.

Aims

Raise carers understanding about the lived experience of a person with dementia, looking at the person first and then exploring simple techniques to help keep the person with dementia independent for longer

Learning Objectives

At the end of the training the delegate will be able to understand

- What is Dementia?
- Communicating with a person with Dementia
- Malignant social psychology (and positive approaches)

Course Method

Power point presentations and practical demonstrations. This course involves practical and theoretical assessments

Benefits

Successful candidates will be issued with certificate of attendance.

Dementia awareness

Course Outline

Who Should Attend

This is a Full days training and aimed at Care workers within a Care setting and dementia unit and Individuals delivering professional care to people with dementia

Aims

Raise carers understanding about the lived experience of a person with dementia, looking at the person first and then exploring simple techniques to help keep the person with dementia independent for longer

Learning Objectives

At the end of the training the delegate will be able to understand

- What is Dementia?
- Communicating with a person with Dementia
- Malignant social psychology (and positive approaches)

Course Method

Power point presentations and practical demonstrations. This course involves practical and theoretical assessments

Benefits

Successful candidates will be issued with certificate of attendance.

Mental capacity act

Course Outline

Who Should Attend

This is a 1/2 days training and aimed at Care workers within a Care setting and dementia unit and Individuals delivering professional care to people with dementia

Aims

Explores why the Mental Capacity Act 2005 was introduced and who is affected by the Act

Learning Objectives

At the end of the training the delegate will be able to understand

- Understanding the mental capacity act
- The 5/4/2/5 principle to assessing capacity
- Practical exercise on assessing capacity
- Recording the decision

Course Method

Power point presentations and practical demonstrations. This course involves practical and theoretical assessments

Benefits

Successful candidates will be issued with certificate of attendance.

Deprivation of Liberty Safeguards (DOLS)

Course Outline

Who Should Attend

This ½ DAY DoLS Training Course is for anyone working in the Health and Social Care industry and requires a better understanding of the different situations where DOLS would be needed, or where someone's Liberty had been taken from them. It is advised that all staff have a good understanding of Deprivation of Liberty Safeguards.

Aims

The Deprivation of Liberty Safeguards (DoLS) are part of the Mental Capacity Act 2005. They aim to make sure that people in care homes, hospitals and supported living are looked after in a way that does not inappropriately restrict their freedom. The safeguards should ensure that a care home or hospital or supported living arrangement only deprives someone of their liberty in a safe and correct way, and that this is only done when it is in the best interests of the person and there is no other way to look after them.

At the end of the training the delegate will be able to understand

- Overview of the Mental Capacity Act
- The Mental Capacity Framework
- Why DOLS is needed
- Lawful deprivation of liberty
- The assessment process required for assessing both mental capacity and the authorisation for deprivation of liberty
- What constitutes a deprivation of liberty and how it is likely to occur
- How the assessment process works
- What to do if you suspect there is a deprivation of liberty

Course Method

Power point presentations and practical demonstrations. This course involves practical and theoretical assessments

Benefits

Successful candidates will be issued with certificate of attendance.

Safeguarding of Vulnerable adults

Course Outline

Who Should Attend

This ½ DAY Training Course is designed for care staff and will raise awareness of the importance of safeguarding vulnerable people

Aims

The aim of the course is give those who attend the skills to safeguard those in their care, while maintaining the humanity and empathy in the care offered.

At the end of the training the delegate will be able to understand

1. Define the what abuse is and the common types
2. Identify the warning signs and symptoms of abuse
3. Identify the triggers of abuse
4. Identify their professional responsibility and how to manage disclosure
5. Identify Where to get help
6. How and when to whistle blow

Course Method

Power point presentations and practical demonstrations. This course involves practical and theoretical assessments

Benefits

Successful candidates will be issued with certificate of attendance.

Nutrition and Hydration

Course Outline

Who Should Attend

This ½ DAY Training Course is designed for care staff and will raise awareness of the importance of safeguarding vulnerable people

Aims

The aim of this course is to show those who attend how to support a healthy diet and good hydration for those in their care.

At the end of the training the delegate will be able to understand

- Why is good nutrition and hydration so important in maintaining health and well being
- How would we recognise signs and symptoms of poor nutrition and hydration
- How can we promote good nutrition and hydration
- Effective record keeping

Course Method

Power point presentations and practical demonstrations. This course involves practical and theoretical assessments

Benefits

Successful candidates will be issued with certificate of attendance.

Person Centered Planning

Course Outline

Who Should Attend

This ½ DAY Training Course is designed for care staff and will raise awareness of the importance of person centered approach to care

Aims

The aim of the course is give those who attend the skills to prepare and implement a person centered plan.

At the end of the training the delegate will be able to understand

- The principles of person centred care
- Understanding malignant social psychology
- This is me! - what information will help us deliver person centred care
- What does person centred care look like
- PCP and the older persons rights under MCA and DOLS
- How to prepare a person centred plan

Course Method

Power point presentations and practical demonstrations. This course involves practical and theoretical assessments

Benefits

Successful candidates will be issued with certificate of attendance.



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